

OUR EARTH – OUR LIFE

Earth is a very important part of our lives. Most of us wouldn't think of polluting our bodies, yet we are polluting our planet by misuse and overuse of our natural resources. As responsible individuals we should at least do what we can to help reduce, reuse, and recycle what we can as a first step.



LET'S SAVE OUR PLANET



Protecting the environment is everyone's responsibility. There are a number of steps individuals can take to protect Mother Earth and ensure the life she sustains has access to the healthiest planet possible. Whether it's making different consumer choices, giving money to environmental organizations, choosing green energy sources or sharing our love for the environment, every person can contribute. Even a few small steps, when undertaken by a large group of people, can make a difference.



Practice green living inside your home to benefit the environment around you. Buy a recycling bin, learn about your community's recycling program and pledge to recycle whatever products you can. Be vigorous about monitoring your home's energy use; turn off lights when you're not in the room, use energy-efficient bulbs and consider upgrading old appliances to those that are more efficient. Divert as much household waste from the landfill as possible by donating clothing and used items to the homeless, organizing a garage sale and repurposing product

The first thing you can do to reduce the amount of carbon dioxide pumped into the atmosphere each year is to reduce the amount of energy consumed by the home. Change out the old light bulbs in your home to replace them with Energy Saving qualified products. If you just replaced the bulbs in five of the largest light fixtures them, you'll use up to 75 percent less energy with bulbs that last 10 to 50 times longer.



OUR TIPS FOR YOU, DEAR STUDENTS AND YOUR PARENTS



Don't waste water. Install water-saving toilets that consume less water with each flush and water-reducing showerheads. Turn off the water when you shave or brush your teeth. Add drought-tolerant landscaping to your yard or plant a vegetable garden instead of grass. Plant more trees to help reduce carbon dioxide.



Switch off the light



Ride bikes

Walk or bike instead of driving. Cars produce pollution that puts toxic material into the environment. If you can't walk, take the bus or subway. If you don't have good public transit where you live, consider buying an environmentally-friendly vehicle that uses less fuel and causes fewer emissions.



Don't burn waste

Cut down on the amount of waste you produce, and you cut down on the negative impact you have on the environment. When possible, purchase products with packaging that may be reused, such as glass jars and bottles, rather than buying items designed to be discarded or recycled after using them once.



Don't use aerosols